

SPIRITUAL HEALING

A WEEKEND SEMINAR WITH VASANT LAD, BAM&S, MASc

Through Mantra, Mudra, Yajña, Puja and Lifestyle

February 5 - 7, 2010



Vasant Lad, BAM&S, MASc, founded the Ayurvedic Institute in 1984 and is its principal instructor and director. He graduated with a Bachelor of Ayurvedic Medicine and Surgery (B.A.M.&S.) from the University of Pune, India, in 1968 and received a Master of Ayurvedic Science (M.A.Sc.) in 1980 from Tilak Ayurved Mahavidyalaya, also in Pune. He held the position of Professor of Clinical Medicine at the Pune University College of Ayurvedic Medicine where he was an instructor for more than a decade.

**FREE Friday evening lecture.
Call to reserve your space!**

**Call (505) 291-9698
for more information or visit
us at www.ayurveda.com**



**The
Ayurvedic
Institute**

11311 Menaul Blvd NE • Albuquerque, NM

LEARN TO HEAL ILLNESSES that are rooted in unconscious psychological pain. Discover how healing can take place through sound and create deeper peace and clarity and body and mind.

Vasant Lad, BAM&S, MASc, shares his decades of experience successfully using these therapeutic models to support his clients' health and well-being. Both therapists and laypeople will benefit from understanding these techniques and using them with their clients and themselves in their journeys toward wellness. In this class, he talks about healing mantras (Sanskrit sacred verses), mudras (hand positions) and lifestyle. Also covered are the ancient techniques involving yajna (fire ceremony), puja (ceremony) and the role of ceremony in healing. Vasant Lad will conduct a class ceremony for healing.

WEEKEND SCHEDULE

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| Friday | 7 - 9 PM |
| Saturday | 10 AM - 6 PM |
| Sunday | 10 AM - 4 PM |

PRICING

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| \$252 | Members, seniors and graduates |
| \$280 | Standard enrollment |

Continuing Education Units (CEU) are approved for Acupuncturists/DOM (10 PDA) and Yoga Alliance (12 YA credits); and pending approval for Cosmetologists (12).