

# ASP3 24-25 Class Schedule

## TRIMESTER 1

Orientation: September 9-13, 2024, 8am-5pm

Session 1: September 16-27, 2024

|  |                    |                |                   |
|--|--------------------|----------------|-------------------|
| Bhaisajya Kalpana  | Monday-Thursday    | 9:00am-11:30am | ONLINE            |
| Research Skills  | Monday-Thursday    | 2pm-4pm        | ONLINE            |
| Session 2: September 30-November 1, 2024 (Last week no classes, just exams)  |                    |                |                   |
| Clinic   | Monday & Wednesday | 9am-12pm       | Clinic/Online     |
| Ayurveda & Psychology  | Monday & Wednesday | 5:00pm-7:00pm  | ONLINE            |
| Ayuryoga   | Tuesday & Thursday | 8am-10:30am    | APLR-Upstairs     |
| Medical Reports  | Tuesday & Thursday | 11am-1pm       | APLR-Downstairs   |
| Research Skills  | Tuesday & Thursday | As Needed      |                   |
| Clinic Supervision   | Friday             | 8am-5pm        | Clinic/Online     |
| Session 3: November 4- December 13, 2024* (Last week no classes, just exams) |                    |                |                   |
| Clinic   | Monday & Wednesday | 9am-12pm       | Clinic/Online     |
| Ayurveda & Psychology  | Monday & Wednesday | 5:00pm-7:00pm  | ONLINE            |
| Pharmacology   | Tuesday & Thursday | 9am-12pm       | APLR- Downstairs  |
| Medical Reports  | Tuesday & Thursday | 2pm-5pm        | Charaka Classroom |
| Clinic Supervision   | Friday             | 8am-5pm        | Clinic/Online     |
| *THANKSGIVING BREAK: November 25-29, 2024*                                   |                    |                |                   |
| CLINIC START DATES: TBA  |                    |                |                   |
| Mandatory Mobile Clinic for LEAF Festival: October 18-20                     |                    |                |                   |

## TRIMESTER 2

Session 1: January 13-February 14, 2025 (Last week check notes for any classes)

|  |                    |                |                    |
|--|--------------------|----------------|--------------------|
| Bhaisajya Kalpana*   | Monday & Wednesday | 9am-11:30am    | APLR-Downstairs    |
| Gurukula Observation*  | Monday & Thursday  | 3pm-6pm        | Online/SoHum       |
| Research Skills (Personal Work Time)   | Monday & Wednesday | As Needed      |                    |
| Clinic*  | Tuesday            | 8am-12pm       | Clinic/Online      |
| Ayurveda & Psychology  | Tuesday            | TBD            | Online             |
| Ayuryoga   | Wednesday          | 2pm-6pm        | APLR- Downstairs   |
| Gurukula with Emphasis in PK   | Friday             | 10:30am-1:30pm | Charaka Classroom  |
| Session 2: February 17-March 21, 2025 (Last week no classes, just exams)               |                    |                |                    |
| Gurukula Observation   | Monday & Thursday  | 3pm-6pm        | Online/SoHum       |
| Research Skills (Personal Work Time)   | Monday & Wednesday | As Needed      |                    |
| Clinic   | Tuesday            | 8am-5pm        | Clinic/Online      |
| Ayuryoga   | Wednesday          | 8am-12pm       | Sushruta Classroom |
| Ayurveda & Psychology  | Wednesday          | TBD            | Online             |
| Gurukula with Emphasis in PK   | Friday             | 10:30am-1:30pm | Charaka Classroom  |
| Women's Health   | Friday             | 3pm-5pm        | Charaka Classroom  |
| Trimester 2 Notes:   |                    |                |                    |
| -First day of classes will be January 16, with a puja on January 15.                   |                    |                |                    |
| -Week 1 of Session 1:  |                    |                |                    |
| Bhaisajya Kalpana will be held normal time on Wednesday & 8am-9am on Friday January 19 |                    |                |                    |

## TRIMESTER 3

Session 1: March 31-April 25, 2025

|                                  |                     |                |                    |
|----------------------------------|---------------------|----------------|--------------------|
| Ayuryoga                         | Monday & Thursday   | 8am-10am       | Charaka Classroom  |
| Gurukula Observation             | Monday & Thursday   | 3pm-6pm        | Online/SoHum       |
| Pharmacology                     | Tuesday & Wednesday | 9:30am-12:30pm | Sushruta Classroom |
| Gurukula with Emphasis in PK     | Friday              | 10:30am-1:30pm | Charaka Classroom  |
| Women's Health                   | Friday              | 3pm-5pm        | Charaka Classroom  |
| Session 2: April 28-May 23, 2025 |                     |                |                    |
| Bhaisajya Kalpana*               | Monday & Wednesday  | 9:30am-12pm    | Sushruta Classroom |
| Gurukula Observation             | Monday & Thursday   | 3pm-6pm        | Online/SoHum       |
| Clinic & Case Presentation       | Tuesday & Wednesday | 3pm-6pm        | Clinic             |
| Gurukula with Emphasis in PK     | Friday              | 10:30am-1:30pm | Charaka Classroom  |
| Women's Health                   | Friday              | 3pm-5pm        | Charaka Classroom  |

**\*\*PLEASE NOTE ALL SCHEDULES ARE SUBJECT TO CHANGE\*\***



THE **AYURVEDIC**  
INSTITUTE