

ASP2 25-26 Class Schedule

TRIMESTER 1

Orientation: September 29- October 3, 2025 (8-5pm)

Thanksgiving Break: November 24-28, 2025

Session 1: October 6- October 17, 2025

Ayuryoga	Monday-Thursday	8am-10am	Sushruta Classroom
Nadi Vigñanam	Monday-Thursday	10:30am-1:00pm	Sushruta Classroom
Jyotisha	Monday-Thursday	3pm-5:30pm	Sushruta Classroom
Samskrta	Friday	8am-10:30am	Sushruta Classroom

Session 2: October 20-October 31, 2025

Vanaspati Dravya Guna Shastra	Monday-Thursday	9am-11:30am	Sushruta Classroom
Marma Cikitsā	Monday-Thursday	2pm-5pm	Sushruta Classroom
Samskrta	Friday	8am-10:30am	Sushruta Classroom

Session 3: November 3-November 14, 2025

Clinical Assessment of Srotāmsi	Monday-Thursday	8am-12pm	Sushruta Classroom
Samskrta	Friday	8am-10:30am	Sushruta Classroom
Clinic Prep & Training	Friday	11am-12:30pm	Sushruta Classroom

Session 4: November 17-December 5, 2025

Shamana Cikitsā	Monday-Friday	2pm-6pm	Sushruta Classroom
Samskrta	Friday	8am-10:30am	Sushruta Classroom

Session 5: December 8- December 19, 2025

Clinic	Monday-Friday	8am-5pm	
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TRIMESTER 2

Session 1: January 14-February 20, 2026

First Full Week of Classes: 1/19/26

MLK Holiday: 1/19; Week of 1/14 Reserved for Puja & Make Up Classes

Gurukula Consultations	Monday & Thursday	3pm-6pm	Online/SoHum
Gurukula Lecture	Tuesday & Wednesday	3pm-6pm	Charaka Classroom
Ayuryoga	Tuesday & Wednesday	8am-10am	Sushruta Classroom
Samskrta	Tuesday & Wednesday	10:30am-12pm	Sushruta Classroom
Clinic	Friday	8am-6pm	Clinic/Online

Session 2: February 23-March 27, 2026

Gurukula Consultations	Monday & Thursday	3pm-6pm	Online/SoHum
Gurukula Lecture	Tuesday & Wednesday	3pm-6pm	Charaka Classroom
Samskrta	Tuesday & Wednesday	8am-9:30am	Sushruta Classroom
Vanaspati Dravya Guna Shastra	Tuesday & Wednesday	10am-12:30pm	Sushruta Classroom
Clinic	Friday	8am-6pm	Clinic/Online

TRIMESTER 3

Session 1: April 6-May 1, 2026

Gurukula Consultations	Monday & Thursday	3pm-6pm	Online/SoHum
Gurukula Lecture	Tuesday & Wednesday	3pm-6pm	Charaka Classroom
Ayuryoga	Tuesday & Wednesday	8am-10am	Sushruta Classroom
Samskrta	Tuesday & Wednesday	10:30am-1pm	Sushruta Classroom
Clinic	Friday	8am-6pm	Clinic/Online

Session 2: May 4-May 29, 2026

Gurukula Consultations	Monday & Thursday	3pm-6pm	Online/SoHum
Gurukula Lecture	Tuesday & Wednesday	3pm-6pm	Charaka Classroom
Vanaspati Dravya Guna Śāstra	Tuesday & Wednesday	9am-11:30am	Sushruta Classroom
Clinic	Friday	8am-6:00pm	Clinic/Online

****PLEASE NOTE ALL SCHEDULES ARE SUBJECT TO CHANGE****

Oral Exam Allocated between May 29 & June 10, 2026

Graduation: June 11, 2026



THE AYURVEDIC
INSTITUTE